

Dr. Catherine Loomis, Ph. D., C.B.S.M.

Dr. Catherine Loomis is a licensed psychologist in the state of Wisconsin. She received her Ph.D. in clinical psychology from the University of Maine in 1996. She worked with patients at the Zablocki VA Medical Center and Lutheran Social Services in Milwaukee, and Rogers Memorial Hospital in Oconomowoc, WI. In 2007, she received a mini-fellowship sponsored by the American Academy of Sleep Medicine, which involved training at the New York Presbyterian Hospital in New York, NY. Dr. Loomis serves as president of the Wisconsin Psychological Association.

License: Psychologist, Wisconsin, since 1998, number 2083-057

Education:

- 1989-1996 University of Maine, Orono, Maine
Doctor of Philosophy in clinical psychology; 5/96
Dissertation Title: Cognitive processing in anxious and aggressive children
- 1985-1987 University of Illinois, Urbana, Illinois
Bachelor of Arts; 5/87
Major: Psychology
Elected to Psi Chi, National Honor Society in Psychology
- 1983-1985 College of Wooster, Wooster, Ohio
Major: Psychology

Additional Educational Experience in Sleep Medicine:

- 2010 SLEEP 2010 (11 hours). Sponsored by the Associated Professional Sleep Societies, San Antonio, Texas.
- 2010 Behavioral Sleep Medicine: An Introduction to the Psychology of Sleep Medicine Course (13 Hours). Sponsored by the American Academy of Sleep Medicine, Oak Brook, Illinois.
- 2009 Behavioral Sleep Medicine: A Consensus Conference (12.75 Hours). Sponsored by Johns Hopkins University, Ponte Vedra Beach, Florida.
- 2009 Evaluation and Management of Insomnia (12 hours). Sponsored by the American Academy of Sleep Medicine, Oak Brook, Illinois.
- 2008 Behavioral Sleep Medicine and Insomnia Course (11 hours). Sponsored by the American Academy of Sleep Medicine, Chicago, Illinois.
- 2007 Mini-Fellowship in Behavioral Sleep Medicine (3 weeks). Sponsored by the American Academy of Sleep Medicine. New York Presbyterian Hospital, Weill-Cornell, New York, New York.

- 2007 SLEEP 2007 (25 hours). Sponsored by the Associated Professional Sleep Societies, Minneapolis, Minnesota.
- 2006 SLEEP 2006 (29 hours). Sponsored by the Associated Professional Sleep Societies, Salt Lake City, Utah.
- 2006 Principles and Practice of Cognitive Behavioral Therapy for Insomnia (17 hours). Sponsored by University of Rochester School of Medicine and Dentistry, Rochester, New York.
- 2006 Behavioral Sleep Medicine Course (9 hours). Sponsored by the American Academy of Sleep Medicine, Chicago, Illinois.
- 2006 Advanced Sleep Medicine Course (18 hours). Sponsored by the American Academy of Sleep Medicine, La Jolla, California.

Professional Affiliations:

American Psychological Association, Member
 Wisconsin Psychological Association, Member
 American Academy of Sleep Medicine, Member
 Wisconsin Sleep Society, Member
 Society of Behavioral Sleep Medicine, Member

Member of the board of directors of the Wisconsin Psychological Association 1/04 to present; president since 2010.

Recognized by the National Register of Health Service Providers in Psychology, effective 3/30/2001.

Recent Articles and Presentations

For a full list contact Dr. Loomis

Pirrallo, R. G., Loomis, C. C., Levine, R., & Woodson, B. T. (2009). *The prevalence of sleep problems in emergency medical technicians*. Manuscript submitted for publication.

Loomis, C. C. (2008, September). *Addressing insomnia in your practice*. Workshop presented at the meeting of the Milwaukee Area Psychological Association, Wauwatosa, WI.

Loomis, C. C. (2007, April). *Addressing insomnia in your practice*. Workshop presented at the meeting of the Wisconsin Psychological Association, Madison, WI.

Loomis, C. C., Weaver, J., Cannon, N., & Bellg, A. (2006, April). *Speaking to a broader audience: Working effectively with the media to get your message out*. Workshop presented at the meeting of the Wisconsin Psychological Association, Madison, WI.

- Cannon, N. A., Loomis, C. C., Weltzin, T. E., Bean, P., Fink, M. M., Riemann, B. C. (2004, April). *Use of the ban book to reduce eating disorder behavior among males in residential treatment*. Poster session presented at the meeting of the Academy for Eating Disorders, Orlando, FL.
- Bean, P., Loomis, C. C., Timmel, P., Hallinan, P., Moore, S., Mammel, J., & Weltzin, T. (2004). Outcome variables for anorexic males and females one year after discharge from residential treatment. *Journal of Addictive Diseases*, 23(2), 83-94.
- Loomis, C. C., Weltzin, T. E., & Neis-Scargall, P. (2003, May). *Eating disorders and trauma: Using Dialectical Behavior Therapy to promote affect regulation*. Workshop presented at the meeting of the Academy for Eating Disorders, Denver, CO.